

Malaysia's  
**HOTTEST FOOD  
CRITIC** lets her  
mouth do the  
talking on the  
top eats in the  
capital city.

Thanks to the bombardment of celebrity chef shows and cookbooks that allow anyone to become a gourmand, diners have gotten savvy about the restaurant industry. No longer impressed by the bells and whistles that typically define fine dining, people are increasingly drawn to restaurants that offer delicious, hearty food in a laid-back environment. And Fay Khoo has good taste on what tastes good.

In her latest book *Best Eats KL*, she puts the answer to that long-standing question on everyone's lips – “So, where do you want to eat?” – right in your hands. Khoo's culinary guide takes you from street stalls to star-studded restaurants, marching through local and seasonal eating, and connecting the dots between policy, environment and the dinner table. With recommendations also coming from her team of food reviewers, reader feedback following her *Best Eats* of 2007, and her celebrity friends such as former food and travel TV show presenter Asha Gill, Khoo turns meals into a movement.

A self-proclaimed gourmand, Penang-born Khoo has established herself as a credible restaurant critique after 20 years in the business, writing for newspapers and magazines around the region, and hosting food and travel shows on TV. She is also a founding partner of the gourmet brand Miss Khoo's Asian Deli, which produces curry powders and pastes for Asian recipes and sold at London's Harvey Nicks no less. And despite her constant eating adventure, she remains terrifically in shape. “I'm holding it back,” she laughs. “Wait until I have a few drinks, then you'll see.” **M2**

